

BWC – supporting the pensioner community

We all need a little extra support now and then, especially as we continue to face new and previous challenges as a result of the pandemic. As we navigate into the "new normal", we want to take this opportunity to remind you of the wellbeing support the Bank Workers Charity (BWC) can provide for you, your partner and dependents.

What can BWC help with?

BWC work with some of the UK's leading organisations to provide you with specialist support around:

- **Disability, illness and health conditions:** giving advice on getting the support you need to manage a disability, illness or health condition to help improve your quality of life, independence and financial situation.
- **Caring responsibilities:** offering access to financial, legal and practical support for the carer and the person being cared for, such as, arranging a carer's assessment, counselling, alternative therapies or respite care.
- **Mental health**: providing access to specialist services such as counselling or other therapies as well as advice about local and national services to help you look after your mental wellbeing.
- **Financial support/Grants**: providing a one-off grant (if eligible), to help with a wide range of costs, such as general living expenses, disability and mobility aids, or home adaptations.
- **Bereavement**: helping you deal with the emotional and practical aspects of losing someone close to you, we may be able to provide you with financial support for help with funeral expenses.
- Loneliness and isolation: connecting you with local organisations who offer befriending schemes and other activities. We may be able to provide financial support towards specialist equipment to assist you in getting around or help towards transport costs.
- **Income maximisation**: helping you to budget and identify benefits and schemes you may be eligible for, such as Attendance Allowance. We'll assist you in completing application forms and can also liaise with other organisations on your behalf.
- Legal advice: offering access to a specialist team of legal experts who can advise on areas such as power of attorney and wills and probate.

How can you get in touch with BWC?

Call their free and confidential Helpline on 0800 0234 834 - they're open Monday to Friday from 9.00am to 5.00pm (except bank holidays). There are other ways you can get in touch with BWC too.

- Speak with an adviser via their Live Chat
- Complete their online form and wait for a response